

FOR DENTAL + HEALTHCARE OFFICES



4 Proven Ways to Enhance Your IT Network

StabilityIT.net





Your network & ability to stay connected have never been more important.

In fact, as more healthcare offices become technology-centered and software-reliant, having some safeguards in place to protect your business and keep it running smoothly is a must-have. So, where do you start? How do you keep your network safe and reliable, stay compliant, make sure all data is backed up properly, and position yourself for growth?

Follow these 4 steps to evaluate and enhance the stability of your IT network.

Step 1

Security



Most likely, you already have a few security measures in place to protect your network and computers. But is it enough? For most small businesses, the answer is no. Cyberattackers know how to look for your weaknesses, and even small gaps in security can disrupt your business and bottom line.

To stay safe, here are the three layers of security your business needs:

1. Firewall/Routing (intrusion protection)
2. Malware Protection (real-time)
3. Virus Protection (real-time)

With these protections in place, Stability IT can help block intrusions before they reach your network and compromise your systems. We can also secure localized computers on your network with real-time malware and virus protection. And if anything should happen, we can instantly monitor the situation remotely in real-time and be on-site quickly when needed.

Are your systems at risk?

80,000+

In 2018, there were 80,000 cyberattacks per day.*

43%

of data breaches involved small businesses.*

21%

of all files are not protected in any way*

*purplesec.us

Step 2

Backup



While most organizations have some type of backup software, many don't have the backup processes needed for unexpected outages. That downtime means money lost... and those dollars aren't just revenue-based.

Downtime can have far-reaching effects. It can impact everything from lost productivity and IT recovery costs to customer dissatisfaction and a decrease in brand loyalty.

Stability IT can help review your current backup process and provide an audit that identifies which processes you need to enhance to make sure your data is safe and backed up properly in the cloud. We recommend a 3-2-1 backup strategy, which means having two on-site backups and one off-site backup. Maintaining these backups provides you with both quick access (on-site) and peace of mind (off-site) should anything happen to the physical location of the computers and/or hard drive.

How much will downtime cost your business?

\$8,000/hr

Average cost for one hour of downtime for a small company.¹

\$74,000/hr

Average cost for one hour of downtime for a medium company.¹

96%

of organizations have experienced an outage in the past 3 years²

¹ Datto, one of the world's leading providers of cloud-based software and technology solutions

² 2019 LogicMonitor study

Step 3

Network Bandwidth & Wi-Fi



Video collaboration is on the rise for small and mid-sized businesses in the US. As more enterprises embrace remote workforces and flexible work-from-home policies, making sure your data speeds and reliability are on point will be necessary to run your business efficiently and effectively. Not surprisingly, gaining more bandwidth tops the list of network needs for many businesses as they move forward.

Stability IT can help you test your office's bandwidth, ensure everyone is getting the speeds they need, and provide an action plan with necessary upgrades that will continue to help your business grow. We can also help you determine if you need redundancy to support your business in case of an outage and verify your Wi-Fi networks are using the latest encryption technologies to keep communications safe.

Are you planning for the future?

45%

of businesses plan to upgrade to newer Wi-Fi and wired Ethernet standards by 2022

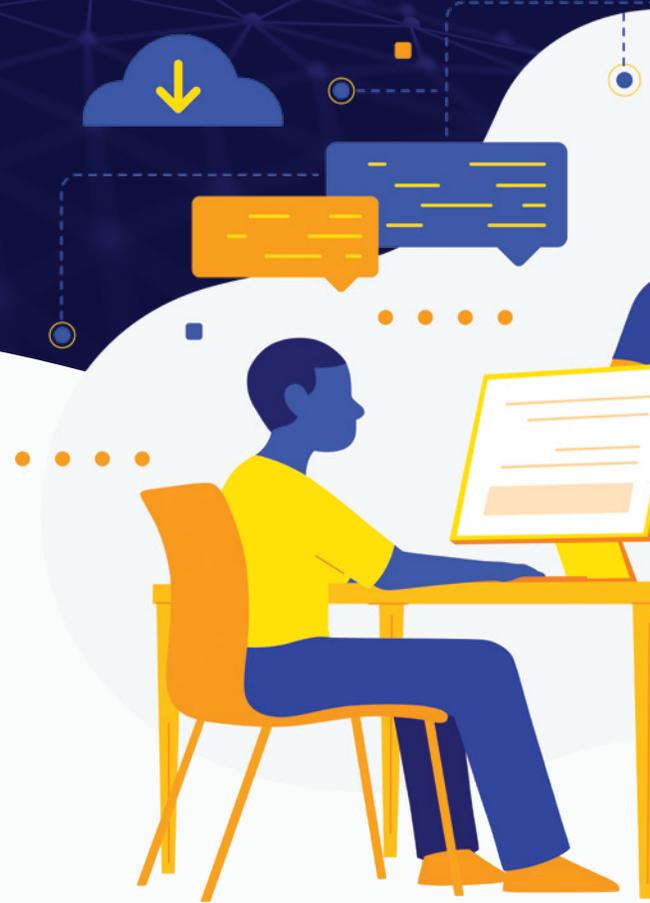
*2020 Spiceworks Ziff Davis study, "Network Technology, Trends in 2020 and Beyond."

Step 4

Compliance

Every business that has access to protected health information has to be HIPAA Compliant.

That means you must have physical, network, and process security measures in place to ensure that information is not shared, compromised, or stolen. The problem is many dental and doctor offices still do not realize they aren't fully compliant, and the fallout of this oversight could bring some hefty fines. While many offices have taken steps to prevent easy breaches, hacking/IT and unauthorized access/disclosure incidents still remain high. **Stability IT can help your office perform a full compliance review and integrate any necessary standards and compliance processes that need to be updated and refined to make sure your patient information is secure.**



Are you HIPAA compliant?

\$408

The average cost of a data breach per record in healthcare.*

\$50,000

HIPAA violations can range from \$100 - \$50,000 per record!*

2020

2020 saw more data breaches reported than any other year*

*HIPAA Journal, 2020 Healthcare Data Breach Statistics (Source)

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Ready for a personalized IT security and performance review?

Stability IT can help. That's because we're more than an IT company. We're a business partner who is invested in your overall success and security. You can count on our team of certified professionals to provide you with a detailed analysis of your current systems, an action plan that fills any gaps, and the fast-response support you need so you can focus on growth.

Get Started Today 

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